



NOVENA TO ST. ALPHONSUS LIGUORI

(Incorporating the Litany of St. Alphonso by Sr. Margaret O'Shea, IHM)

The feast day of St. Alphonso Liguori, founder of the Redemptorists, is August 1. As we prepare to celebrate his special day, we invite you to join in asking for his intercession for all our needs and special intentions.

St. Alphonso is the patron saint of confessors, moral theologians, and those who suffer from arthritis—a condition that caused him great pain and left him confined to a wheelchair later in life. This Novena incorporates other titles by which St. Alphonso is known and venerated.

DAILY NOVENA PRAYER (To be said each day of the Novena)

St. Alphonso, friend of the poor and herald of the Good News of plentiful redemption, journey with us as we seek to become Spirit-filled missionary disciples of Jesus Christ today, especially to those who are marginalized by society and the Church.

You are the Doctor of Prayer; teach us to pray unceasingly. You loved the Eucharist; teach us to draw ever closer to Jesus in the Eucharist, in order that we may be food for others on their journey.

You were devoted to the Passion of Jesus Christ; help us to accompany those who suffer, and who walk the Way of the Cross in their daily lives today.

Through your preaching and writing, you gave people a greater knowledge and appreciation of the divine truths; accompany us as we explore the great truth of the mercy and love of God, and to share this with those we meet along the way.

You loved music, art and the beauty of God's creation; help us to see beauty in the world and the people around us, and to care for creation, particularly earth, our common home.

God of love and mercy, You continually build up Your Church by the lives of Your saints. Grant us grace to grow in faithfulness to our given vocation in life and to follow St. Alphonso in his loving concern for all people, a concern that bore fruit in action. Walking in the footsteps of this devoted servant of Yours, may we be filled with a desire to spend our lives in joyful service of the most abandoned, whether they be in our own homes, our communities, our Church or our world. We ask this through Christ our Lord, in the unity of the Holy Spirit. Amen.



DAY ONE

God has created the lovely things of this world, that we may love Him

NOVENA THEME: APOSTLE OF THE LOVE OF GOD

Dear St. Alphonsus you have said, “When you behold beautiful scenes in the country or along the sea coast, or when you look at flowers or fruit, and are pleased by the sight or the perfume, say: 'For me God has created these lovely things in this world, that I may love Him. What delights has He not prepared for me in heaven?’” **Pray for us that in all the good things of this life we may see the goodness of God and the promise of heaven.**

Prayer of Petition

Dear St. Alphonsus, obtain from the Heart of Jesus, our Redeemer, the graces necessary for our spiritual and temporal welfare. I recommend to you in particular this favour **(Mention your request in silence)**

St. Alphonsus, pray for me and those I love. I have great confidence in your prayers. I earnestly trust that if it is God’s holy will, my petition will be granted through your intercession for me at the throne of God, through Christ our Lord. Amen.

Saint Alphonsus, Mystic, who found God to be like a father, mother, sister, brother, lover, and dearest friend... **pray for us!**

Saint Alphonsus, Hospital Minister to the incurably ill, who learned compassion in service to others.... **pray for us!**

St. Alphonsus you have said, “Whoever says this little canticle from the heart causes joy in paradise.” **Let us pray:**

*Jesus, my true, my only love,
I wish for nothing but you.
Here I am, I am yours, my God.
Do what you will with me.*

Glory be ...



DAY TWO

Acquire the habit of speaking to God as to the dearest and most loving Friend

NOVENA THEME: ARTIST AND MUSICIAN FOR THE GOOD NEWS

Dear St. Alphonsus you have said, “Acquire the habit of speaking to God as if you were alone with Him, familiarly and with confidence and love, as to the dearest and most loving of friends.” **Intercede for us that we may grow in prayerful union with Christ our Redeemer.**

Say the daily novena prayer...

Prayer of Petition

Dear St. Alphonsus, obtain from the Heart of Jesus, our Redeemer, the graces necessary for our spiritual and temporal welfare. I recommend to you in particular this favour (**Mention your request in silence**)

St. Alphonsus, pray for me and those I love. I have great confidence in your prayers. I earnestly trust that if it is God's holy will, my petition will be granted through your intercession for me at the throne of God, through Christ our Lord. Amen.

Saint Alphonsus, Artist, who used your gifts of imagination and painting to express your tenderest emotions toward Jesus Christ and His mother... **pray for us!**

Saint Alphonsus, Musician, whose religious lyrics and melodies are sung to this day... **pray for us!**

St. Alphonsus you have said, "Whoever says this little canticle from the heart causes joy in paradise." **Let us pray:**

*Jesus, my true, my only love,
I wish for nothing but you.
Here I am, I am yours, my God.
Do what you will with me.*

Glory be



DAY THREE

Your whole life long, may God be your only happiness

NOVENA THEME: FRIEND OF THE POOR

Dear St. Alphonsus you have said, "Your whole life long, may God be your only happiness, the only object of your affections, the only end of your actions and desires. You will come one day to that world without end, where your love will be in every way perfected and completed. Your desires will be perfectly fulfilled and completely satisfied." **Pray for us that we may always treasure God as our greatest gift and most valuable possession.**

Say the daily novena prayer...

Prayer of Petition

Dear St. Alphonsus, obtain from the Heart of Jesus, our Redeemer, the graces necessary for our spiritual and temporal welfare. I recommend to you in particular this favour (**Mention your request in silence**)

St. Alphonsus, pray for me and those I love. I have great confidence in your prayers. I earnestly trust that if it is God's holy will, my petition will be granted through your intercession for me at the throne of God, through Christ our Lord. Amen.

St. Alphonsus, Nobleman, who laid your sword at the feet of Our Lady of Ransom as a sign of your conversion... **pray for us!**

Saint Alphonsus, Friend of the Poor, who shared all you had while living in need yourself... **pray for us!**

Saint Alphonsus, Practical Organizer, who used your creative energy to spread the gospel, to feed the hungry, to found the Redemptorists, and to shepherd a diocese... **pray for us!**

St. Alphonsus you have said, “Whoever says this little canticle from the heart causes joy in paradise.” **Let us pray:**

*Jesus, my true, my only love,
I wish for nothing but you.
Here I am, I am yours, my God.
Do what you will with me.*

Glory be ...

DAY FOUR

No one loves you more than God

NOVENA THEME: DOCTOR OF PRAYER



Dear St. Alphonsus you have said, “Bear well in mind that you have neither friend nor brother nor father nor mother nor spouse nor lover who loves you more than God.” **Intercede for us that we may love God above all else and all God’s creatures for God’s sake.**

Say the daily novena prayer...

Prayer of Petition

Dear St. Alphonsus, obtain from the Heart of Jesus, our Redeemer, the graces necessary for our spiritual and temporal welfare. I recommend to you in particular this favour **(Mention your request in silence)**

St. Alphonsus, pray for me and those I love. I have great confidence in your prayers. I earnestly trust that if it is God’s holy will, my petition will be granted through your intercession for me at the throne of God, through Christ our Lord. Amen.

Saint Alphonsus, Saint, filled with the Spirit of God in spite of human weaknesses... **pray for us!**
Saint Alphonsus, Chaplain to the condemned on their last journey..... **pray for us!**

St. Alphonsus you have said, “Whoever says this little canticle from the heart causes joy in paradise.” **Let us pray:**

*Jesus, my true, my only love,
I wish for nothing but you.
Here I am, I am yours, my God.
Do what you will with me.*

Glory be ...



DAY FIVE

After the love we owe Jesus Christ, love His Mother Mary

NOVENA THEME: PATRON OF MORAL THEOLOGIANS

Dear St. Alphonsus you have said, “After the love which we owe Jesus Christ, we must give the chief place in our heart to the love of His Mother Mary.” **Pray that we may always be strong in faith, rejoicing in hope and on fire with love for God like Mary, our Mother.**

Say the daily novena prayer...

Prayer of Petition

Dear St. Alphonsus, obtain from the Heart of Jesus, our Redeemer, the graces necessary for our spiritual and temporal welfare. I recommend to you in particular this favour (**Mention your request in silence**)

St. Alphonsus, pray for me and those I love. I have great confidence in your prayers. I earnestly trust that if it is God’s holy will, my petition will be granted through your intercession for me at the throne of God, through Christ our Lord. Amen.

Saint Alphonsus, Moral Theologian, whose principles have ensured freedom of conscience for those unjustly burdened by rigorism... **pray for us!**

Saint Alphonsus, Lawyer, whose mastery of civil and canon law foreshadowed your advocacy of those condemned by Jansenism... **pray for us!**

St. Alphonsus you have said, “Whoever says this little canticle from the heart causes joy in paradise.” **Let us pray:**

*Jesus, my true, my only love,
I wish for nothing but you.
Here I am, I am yours, my God.
Do what you will with me.*

Glory be ...



DAY SIX

Finding peace by growing in the love of God

NOVENA THEME: PROLIFIC WRITER AND THINKER

Dear St. Alphonsus you have said, “The more a person loves God, the more reason he has to hope in Him. This hope produces in the Saints an unutterable peace, which they preserve even in adversity, because as they love God, and know how beautiful He is to those who love Him” **Pray that we may always grow to trust in God through the ups and downs of our life.**

Say the daily novena prayer...

Prayer of Petition

Dear St. Alphonsus, obtain from the Heart of Jesus, our Redeemer, the graces necessary for our spiritual and temporal welfare. I recommend to you in particular this favour **(Mention your request in silence)**

St. Alphonsus, pray for me and those I love. I have great confidence in your prayers. I earnestly trust that if it is God's holy will, my petition will be granted through your intercession for me at the throne of God, through Christ our Lord. Amen.

Saint Alphonsus, Man of Letters, whose pamphlets and books reveal in simple language the good news of God's redeeming love... **pray for us!**

Saint Alphonsus, Catechist, who taught and formed lay people to accompany people on their search for God, for faith and for meaning... **pray for us!**

Saint Alphonsus, Poet, whose affective verse and tender prayer touches the deepest emotions in people's hearts... **pray for us!**

St. Alphonsus you have said, "Whoever says this little canticle from the heart causes joy in paradise." **Let us pray:**

*Jesus, my true, my only love,
I wish for nothing but you.
Here I am, I am yours, my God.
Do what you will with me.*

Glory be ...



DAY SEVEN

Open your heart to God with the greatest liberty and confidence

NOVENA THEME: PATRON OF CONFESSORS

Dear St. Alphonsus you have said, "It is true that God ought to be worshipped always with the greatest reverence; however, when He deigns to make you feel His presence and when He makes known His desire that you should speak to Him as to the friend who loves you better than any other friend, you should open your heart to Him with the greatest liberty and confidence." **Obtain for us true depth of intimacy and friendship with God**

Say the daily novena prayer...

Prayer of Petition

Dear St. Alphonsus, obtain from the Heart of Jesus, our Redeemer, the graces necessary for our spiritual and temporal welfare. I recommend to you in particular this favour **(Mention your request in silence)**

St. Alphonsus, pray for me and those I love. I have great confidence in your prayers. I earnestly trust that if it is God's holy will, my petition will be granted through your intercession for me at the throne of God, through Christ our Lord. Amen.

Saint Alphonsus, Preacher of Missions, who spread God's tender love through street preaching and through the creation of an association of chapel storefronts... **pray for us!**

Saint Alphonsus, Spiritual Director, who gently encouraged sinners to repentance and prayer, and who deeply challenged good people to become saints.... **pray for us!**

St. Alphonsus you have said, "Whoever says this little canticle from the heart causes joy in paradise." **Let us pray:**

*Jesus, my true, my only love,
I wish for nothing but you.
Here I am, I am yours, my God.
Do what you will with me.*

Glory be ...



DAY EIGHT

When in any trouble, turn at once to God and ask His help

NOVENA THEME: BISHOP FOR THE MOST ABANDONED

Dear St. Alphonsus you have said, "When you are afflicted with sickness, persecution, temptation, or any other trouble, turn at once to God and ask His help. It is enough for you to lay your affliction before Him... He will not fail to comfort you or to give you strength to suffer the trial with patience."

Obtain from God the grace that in difficult times we may remember to seek God's help, strength and guidance through prayer.

Say the daily novena prayer...

Prayer of Petition

Dear St. Alphonsus, obtain from the Heart of Jesus, our Redeemer, the graces necessary for our spiritual and temporal welfare. I recommend to you in particular this favour (**Mention your request in silence**)

St. Alphonsus, pray for me and those I love. I have great confidence in your prayers. I earnestly trust that if it is God's holy will, my petition will be granted through your intercession for me at the throne of God, through Christ our Lord. Amen.

Saint Alphonsus, Superior General, who served your brothers on good days and bad... **pray for us!**

Saint Alphonsus, Bishop, who saw to the formation and education of priests and who took time to listen to the people of your diocese... **pray for us!**

St. Alphonsus you have said, "Whoever says this little canticle from the heart causes joy in paradise." **Let us pray:**

*Jesus, my true, my only love,
I wish for nothing but you.
Here I am, I am yours, my God.
Do what you will with me.*



Glory be ...



DAY NINE

Turn to Jesus for forgiveness of sins and give him your heart in love

NOVENA THEME: MOST ZEALOUS DOCTOR

Dear St. Alphonsus you have said, “My Jesus, I love You with my whole heart. I am sorry for having so many times offended Your infinite goodness. With the help of Your grace, I purpose never to offend You again. And now, unworthy though I am, I consecrate myself to You without reserve. I renounce and give entirely to You my will, my affection, my desires, and all that I possess.” **Intercede for us so that we may always repent of our sins and turn towards Christ our Redeemer to grow in holiness through love.**

Say the daily novena prayer...

Prayer of Petition

Dear St. Alphonsus, obtain from the Heart of Jesus, our Redeemer, the graces necessary for our spiritual and temporal welfare. I recommend to you in particular this favour (**Mention your request in silence**)

St. Alphonsus, pray for me and those I love. I have great confidence in your prayers. I earnestly trust that if it is God’s holy will, my petition will be granted through your intercession for me at the throne of God, through Christ our Lord. Amen.

LITANY OF ST. ALPHONSUS

Saint Alphonsus, Mystic, who found God to be like a father, mother, sister, brother, lover, and dearest friend... **pray for us!**

Saint Alphonsus, Hospital Minister to the incurably ill, who learned compassion in service to others.... **pray for us!**

Saint Alphonsus, Artist, who used your gifts of imagination and painting to express your tenderest emotions toward Jesus Christ and His mother... **pray for us!**

Saint Alphonsus, Musician, whose religious lyrics and melodies are sung to this day... **pray for us!**

St. Alphonsus, Nobleman, who laid your sword at the feet of Our Lady of Ransom as a sign of your conversion... **pray for us!**

Saint Alphonsus, Friend of the Poor, who shared all you had while living in need yourself... **pray for us!**

Saint Alphonsus, Practical Organizer, who used your creative energy to spread the gospel, to feed the hungry, to found the Redemptorists, and to shepherd a diocese... **pray for us!**

Saint Alphonsus, Saint, filled with the Spirit of God in spite of human weaknesses... **pray for us!**

Saint Alphonsus, Chaplain to the condemned on their last journey..... **pray for us!**

Saint Alphonsus, Moral Theologian, whose principles have ensured freedom of conscience for those unjustly burdened by rigorism... **pray for us!**

Saint Alphonsus, Lawyer, whose mastery of civil and canon law foreshadowed your advocacy of those condemned by Jansenism... **pray for us!**

Saint Alphonsus, Man of Letters, whose pamphlets and books reveal in simple language the good news of God's redeeming love... **pray for us!**

Saint Alphonsus, Catechist, who taught and formed lay people to accompany people on their search for God, for faith and for meaning... **pray for us!**

Saint Alphonsus, Poet, whose affective verse and tender prayer touches the deepest emotions in people's hearts... **pray for us!**

Saint Alphonsus, Preacher of Missions, who spread God's tender love through street preaching and through the creation of an association of chapel storefronts... **pray for us!**

Saint Alphonsus, Spiritual Director, who gently encouraged sinners to repentance and prayer, and who deeply challenged good people to become saints.... **pray for us!**

Saint Alphonsus, Superior General, who served your brothers on good days and bad... **pray for us!**

Saint Alphonsus, Bishop, who saw to the formation and education of priests and who took time to listen to the people of your diocese... **pray for us!**

Saint Alphonsus, Founder of a great charismatic family in the Church, whose spirit lives in generations of Redemptorists, Redemptoristines, many congregations of sisters and partners in mission... **pray for us!**

Saint Alphonsus, Doctor of the Church, who teaches us how to pray, to serve, to forgive, to love... **pray for us!**

St. Alphonsus you have said, "Whoever says this little canticle from the heart causes joy in paradise." **Let us pray:**

*Jesus, my true, my only love,
I wish for nothing but you.
Here I am, I am yours, my God.
Do what you will with me.*

Glory be ...

PRAYER OF ST. ALPHONSUS TO THE HOLY SPIRIT



L. You are **fire**;
R. enkindle in me your love.

L. You are **light**;
R. enlighten my mind with the knowledge of eternal things.

L. You are the **Dove**;
R. give me innocence of life.

L. You are the gentle **Breeze**;
R. disperse the storms of my passions.

L. You are the **Tongue**;
R. Teach me how to bless you always.

L. You are the **Cloud**;
R. shelter me under the shadow of your protection.

L. You are the **Giver** of all heavenly gifts;
R. animate me,

L. I beseech you, with your **grace**;
R. sanctify me

L. with your **charity**;
R. enlighten me

L. with your **wisdom**;
R. adopt me by your goodness as your child, and save me in your infinite mercy;
so that I may ever **bless** you, **praise** you, and **love** you;
first during this life on earth, and then in heaven for all eternity. Amen.